

First Unitarian Church of Omaha  
June 30, 2024  
Brunch Church with Rev. Shari Woodbury



*To share a Joy/Concern, write in the binder on the tall round table, or in the chat.*

## **Gathering**

### **Welcome & Land Acknowledgment**

### **Chalice Lighting**

*Spark of the spirit cupped in earth's embrace,  
Light of love alive in all creation,  
as we kindle this flame, we rekindle our connection  
to the sacred web of life.*

**Song** - 389 - Gathered Here

*♪ Gathered here in the mystery of the hour. Gathered here in one strong body.  
Gathered here in the struggle and the power. Spirit, draw near.*

### **Centering**

## **Reflection**

**Reading** "You Are What You Eat" by Shari Woodbury - read by Lita Magisana

### **Reflection**

## **Community Connection**

### **Small Group Discussion**

1. What everyday things in your life have you recognized as amazing?
2. Why is it hard for us to feel wonder at things like sap circulating in trees, or wiggly children that make community whole?
3. What might you do in your life to notice and celebrate things like this?

### **Joys & Concerns**

**Offering** - for PFLAG      **Song** - #402 - From You I Receive

*♪ From you I receive, to you I give, together we share, and from this we live.*

*To donate online, use this QR code (at right), or give from the  
Donation button on the church web site. Thank you!*



## Going Forth

### **Sharing Takeaways**

**Song** - 413 - Go Now In Peace

♪ *Go now in peace. Go now in peace.  
May the spirit of Love surround you  
everywhere, everywhere you may go.*

### **Benediction**

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### **Our Covenant of Right Relations**

We, the congregation of First Unitarian Church of Omaha, covenant together:

- To create a religious community where we can freely explore our values and foster diversity as a source of communal strength.
- To build healthy relationships, seeking to understand each other and respect our differences.
- To listen deeply and endeavor to communicate directly, honestly, and compassionately, particularly when we are in conflict.
- To do our best to make amends when we have hurt each other, even unintentionally, to learn from our mistakes, to forgive, and to reconnect in a spirit of understanding and commitment.

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**For families:** *This is an all-ages service. Kiddos are welcome to flow between the nursery and the Common Room with their families. Please sign them in/out each time.*

**Hearing Assist Devices** are available in the foyer – along the east wall, or ask an usher / greeter to give you one.



**Please make your body comfortable.** *Feel free to knit or handle fidget toys during the service. Restrooms can be found in the hallways when you exit the Common Room out either set of doors.*



**Coming up...** to learn about [upcoming events](#), classes, and other happenings in the church and beyond, scan the QR code at left. Fill out a yellow [Communication Card](#) (or for those online, [Visitor Form](#)) if you would like to be added to the church's email list. You can also [follow us on Facebook](#) (go to Follow settings and choose Favorites) and opt in to text messages from the church via Remind (<https://www.firstuomaha.org/remind>). Prefer hard copy? Printouts of the latest Church News e-blast are available in the foyer.

