

**First Unitarian Church of Omaha**  
**July 9, 2023**  
**Wisdom of the Tides - A Hymn Sing Service**  
Worship Associate Mary Kay Peters  
J Gawf, Piano; Maria Harding, Flute



LGBTQIA Welcoming Congregation

**Prelude**

**Welcome & Land Acknowledgment** - Mary Kay Peters

**Opening Hymn** - #346 - Come Sing a Song

**Chalice Lighting** - #362 - Rise Up O Flame

**Opening Words** - by Bernadette Noll

**Time for All Ages** - *The Sea Glass Treasure* by Shelly Peters  
Read by Sarah Copeland

**Singing the Children Out** - #118 - This Little Light of Mine

**Contemplative Musing 1** Interdependence Day - A New Kind of Patriotism

**Hymn** - #159 - This Is My Song

**Contemplative Musing 2** Interdependence Day - A New Kind of Patriotism

**Hymn** - #205 - Amazing Grace

**Community Offering - Our Share the Plate recipient for July is OATS**  
(Open Arms Trans Social Group). OATS welcomes the trans community of all ages, gender identities, and gender expressions, drawing people from well beyond the Omaha area. While OATS centers the trans experience as we lift one another up in the spirit of fellowship and love, we invite our cisgender allies, family members, and partners to attend as well. This group meets at Second Unitarian Church.

**Offertory Hymn** - #1064 - Blue Boat Home

To donate online, use this QR code (at right), or go to <https://www.firstuomaha.org/donations>, then scroll down to the selection for this month's Share the Plate recipient and click the Donate button, or just [click here](#). Thank you!



*If you would like to share a Joy or Concern, you may turn in a yellow card, or write in chat, now.*

## **Care & Centering**

### **Joys & Concerns**

**Contemplative Musing 3** - by Kimberly Debus from “Hold My Chalice”

**Centering Song** - #1009 - Meditation On Breathing

**Contemplative Musing 4** - by Bernadette Noll

**Hymn** - #396 - I Know This Rose Will Open

**Closing Words** by Bernadette Noll

## **Extinguishing of Chalice**

**Closing Hymn** - #121 - We'll Build A Land

## **Coffee & Conversation - Common Room (basement)**

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**For families:** *Childcare is offered during our Sunday services for infants through preschoolers (nursery in basement). Elementary and middle/high Sunday School classes begin after the Time for All Ages portion of our service. Children of all ages are always welcome to attend the full service with their families in our sanctuary. The service is also streamed in the Common Room downstairs (a convenient place to settle a fussy babe).*



**Hearing Assist Devices** are available in the foyer – along the east wall, or ask an usher / greeter to give you one.

**Please make your body comfortable.** Restrooms are behind the side door of the sanctuary as you go out, and just down the stairs from the foyer.



**Coming up...** to learn about [upcoming events](#), classes, and other happenings in the church and beyond, scan the QR code at left. Fill out a yellow [Communication Card](#) (or for those online, [Visitor Form](#)) if you would like to be added to the church's email list. You can also [follow us on Facebook](#) (go to Follow settings and choose Favorites)

