First Unitarian Church of Omaha June 11, 2023 "Breathing Space" by Rev. Shari Woodbury Della Bynum, Reader J Gawf, Piano; Maria Harding, Flute



## Welcome & Land Acknowledgment - Rev. Shari Woodbury

Prelude - "Irlandaise" by Claude Bolling

Chalice Lighting - Sarah Copeland with Amelia

Spark of the spirit cupped in earth's embrace, Light of love alive in all creation, as we kindle this flame, we rekindle our connection to the sacred web of life.

Call to Worship - by Susan Magin

Opening Hymn - #163 - For the Earth Forever Turning

**Time for All Ages** "Be the Pond" from Cosmic Kids Zen Den presented by Amanda Burton

Singing the Children to Classes - #413 - Go Now In Peace

Go now in peace. Go now in peace. May the spirit of Love surround you everywhere, everywhere you may go.

## Welcoming Congregation Moment - Dave Richardson

## Community Offering - for PFLAG

Offertory - "Suite for Flute and Piano" by Claude Bolling

To donate online, use this QR code (at right), or go to <u>https://www.firstuuomaha.org/donations</u>, then scroll down to the selection for this month's Share the Plate recipient and click the Donate button, or just <u>click here</u>. Thank you!

If you would like to share a Joy or Concern, you may turn in yellow card, or write in chat, now.



**Care & Centering** 

Joys & Concerns Centering Song - #352 - Find A Stillness Contemplation

Reading - "Fire" by Judy Brown

Sermon - "Breathing Space" by Rev. Shari Woodbury

Closing Song - #83 - Winds Be Still

**Closing Words & Extinguishing of Chalice** 

## Coffee & Conversation - Common Room (basement)

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**For families:** Childcare is offered during our Sunday services for infants through preschoolers (nursery in basement). Elementary and middle/high Sunday School classes begin after the Time for All Ages portion of our service. Children of all ages are always welcome to attend the full service with their families in our sanctuary. The service is also streamed in the Common Room downstairs (a convenient place to settle a fussy babe).



*Hearing Assist Devices* are available in the foyer – along the east wall, or ask an usher / greeter to give you one.

**Please make your body comfortable.** Feel free to knit or handle fidget toys during the service. Throughout the service, you may sit or stand as works best for your body, too (no compulsory standing for hymns). Restrooms are behind the side door of the sanctuary as you go out, and just down the stairs from the foyer.



**Coming up**... to learn about <u>upcoming events</u>, classes, and other happenings in the church and beyond, scan the QR code at left. Fill out a yellow <u>Communication Card</u> (or for those online, <u>Visitor Form</u>) if you would like to be added to the church's email list. You can also follow us on Facebook (go to Follow settings and choose Favorites) and opt in to text messages from the church via Remind (<u>https://www.firstuuomaha.org/remind</u>). Prefer hard copy? Printouts of the latest Church News e-blast are available in the foyer.

