

First Unitarian Church of Omaha
August 6, 2023
"Tuned In" by Rev. Shari Woodbury
Mike McAtee, Reader



LGBTQIA Welcoming Congregation

Welcome & Land Acknowledgment - Rev. Shari Woodbury

Prelude - Dreamer's Waltz by David Lanz

Chalice Lighting - Mike McAtee

*Spark of the spirit cupped in earth's embrace,
Light of love alive in all creation,
as we kindle this flame, we rekindle our connection
to the sacred web of life.*

Call to Worship - by Jay E. Abernathy, Jr.

Opening Hymn - #311 - Let It Be A Dance

Time for All Ages - *I Am Quiet: A Story for the Introvert in All of Us* by Andie Powers presented by Christina Strong

Singing the Children to Classes - #118 - This Little Light of Mine

Community Offering - for Whitney Young Academy

Offertory - "Theme from Up" by Giachocino (Connie Di Fazio, flute)

To donate online, use this QR code (at right), or go to <https://www.firstuomaha.org/donations>, then scroll down to the selection for this month's Share the Plate recipient and click the Donate button, or just [click here](#). Thank you!

If you would like to share a Joy or Concern, you may turn in yellow card, or write in chat, now.



Care & Centering

Joys & Concerns

Centering Song - Coming Home
(inside back cover of teal hymnal)

*I return to myself here where I belong.
I am coming home. Like a bird to its nest,
like a river to the ocean, I am coming home.*

Contemplation

Reading - “An Introvert at Justice G.A.” with excerpts from Doug Muder

Sermon - “Tuned In” by Rev. Shari Woodbury

Closing Song - #352 - Find A Stillness

Closing Words & Extinguishing of Chalice

Postlude: “Fragile” by Sting (Connie Di Fazio, flute)

Coffee & Conversation - Common Room (basement)

~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~

For families: Childcare is offered during our Sunday services for infants through preschoolers (nursery in basement). Elementary and middle/high Sunday School classes begin after the Time for All Ages portion of our service. Children of all ages are always welcome to attend the full service with their families in our sanctuary. The service is also streamed in the Common Room downstairs (a convenient place to settle a fussy babe).



Hearing Assist Devices are available in the foyer – along the east wall, or ask an usher / greeter to give you one.

Please make your body comfortable. Feel free to knit or handle fidget toys during the service. Throughout the service, you may sit or stand as works best for your body, too (no compulsory standing for hymns). Restrooms are behind the side door of the sanctuary as you go out, and just down the stairs from the foyer.



Coming up... to learn about [upcoming events](#), classes, and other happenings in the church and beyond, scan the QR code at left. Fill out a yellow [Communication Card](#) (or for those online, [Visitor Form](#)) if you would like to be added to the church’s email list. You can also [follow us on Facebook](#) (go to Follow settings and choose Favorites) and opt in to text messages from the church via Remind (<https://www.firstuomaha.org/remind>). Prefer hard copy? Printouts of the latest Church News e-blast are available in the foyer.

