

First Unitarian Church of Omaha
June 18, 2023
"Reacquaintance with the Higher Self"



LGBTQIA Welcoming Congregation

In-gathering - "Deliquesce" on Hand-Pans by Michael Fitzsimmons
Welcome & Land Acknowledgment

Chalice Lighting

*Spark of the spirit cupped in earth's embrace,
Light of love alive in all creation,
as we kindle this flame, we rekindle our connection
to the sacred web of life.*

Call to Worship - by Clarissa Pinkola Estes

Opening Hymn - #298 Wake Now My Senses

Time for All Ages - Kyria Spooner will read from the book "Maybe" by Kobi Yamada, illustrated by Gabriella Barovich.

Singing the Children to Classes - #413 "Go Now in Peace"

Community Offering - Our Share the Plate recipient for June is Parents, Families and Friends of Lesbians and Gays (PFLAG)
Founded in 1973, PFLAG is the first and largest organization dedicated to supporting, educating, and advocating for LGBTQ+ people and their families.

Offertory - "Heartbeat of the Drum" by Jimmy Standing Buffalo and friends

To donate online, use this QR code (at right), or go to <https://www.firstuomaha.org/donations>, then scroll down to the selection for this month's Share the Plate recipient and click the Donate button, or just [click here](#). Thank you!



If you would like to share a Joy or Concern, you may turn in yellow card, or write in chat, now.

Care & Centering

Joys & Concerns

Centering Music - "Always Here" by Michael Fitzsimmons on Hand-Pans

Contemplation - Reading by Lita Magisana, quotes from Women Who Run with the Wolves by Clarissa Pinkola Estes

Sermon - "Reacquaintance with the Higher Self"
with Musical interlude by Michael Fitzsimmons on Hand-Pans

Closing Music - "Celebration" by Michael Fitzsimmons on Hand-Pans

Closing Words & Extinguishing of Chalice

Postlude: "Celebration" by Michael Fitzsimmons on Hand-Pans

Coffee & Conversation - Common Room (basement)

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For families: Childcare is offered during our Sunday services for infants through preschoolers (nursery in basement). Elementary and middle/high Sunday School classes begin after the Time for All Ages portion of our service. Children of all ages are always welcome to attend the full service with their families in our sanctuary. The service is also streamed in the Common Room downstairs (a convenient place to settle a fussy babe).



Hearing Assist Devices are available in the foyer – along the east wall, or ask an usher / greeter to give you one.

Please make your body comfortable. Feel free to knit or handle fidget toys during the service. Throughout the service, you may sit or stand as works best for your body, too (no compulsory standing for hymns). Restrooms are behind the side door of the sanctuary as you go out, and just down the stairs from the foyer.



Coming up... to learn about [upcoming events](#), classes, and other happenings in the church and beyond, scan the QR code at left. Fill out a yellow [Communication Card](#) (or for those online, [Visitor Form](#)) if you would like to be added to the church's email list. You can also [follow us on Facebook](#) (go to Follow settings and choose Favorites) and opt in to text messages from the church via Remind (<https://www.firstuomaha.org/remind>). Prefer hard copy? Printouts of the latest Church News e-blast are available in the foyer.

